

What's "new at NAMI NH" Newsletter

August 2011

News to distribute and share with your groups and classes

Please share these updates with your support group and classes.

NEWLY DESIGNED NAMI WEBSITE- CHECK IT OUT AT www.NAMINH.org
Have you visited the NAMI NH Face book page?

Upcoming Events ~

The Peterborough group special presentation- David Hunter of the Manchester, NH Lyme Disease Support Group will discuss Lyme disease and the relation of its symptoms to mental illness on Tuesday, August 23 at 6:30 PM at Monadnock Community Hospital, Conference Room 5 in Peterborough, NH. His presentation will be followed by Q & A. This presentation will be in addition to the regular support group meeting on August 11.

Nominations are now being accepted for the **"I am Success"** Campaign. "I am Success" was created to promote meaningful and competitive employment for individuals receiving mental health services by creating effective outreach and marketing materials that demonstrate successful competitive employment around the state. Service providers and consumer support organizations are encouraged to nominate individuals who have been successful in seeking meaningful employment and found it to be an essential component of the recovery process. Individuals are also encouraged to nominate themselves. For questions please contact Annette Carbonneau at acarbonneau@naminh.org or click on <http://www.naminh.org/i-am-success>. Individuals who wish to nominate themselves can download a nomination form.

Mental Illness Awareness Week and the NAMI NH Walk- October 2nd

Sunday October 2nd- NAMI Walk at NH Hospital go to

<http://www.naminh.org/walk> for details.

Tuesday October 4- Day of Prayer

Wednesday October 5- Mental Health and Schools Conference

8th Annual Suicide Prevention Conference- November 4th

At the SERESC Conference Center in Bedford, NH. Early bird admission fee is \$60.00 until October 7. Scholarships are available, see attached.

News~

Check out the new video on the home page at www.naminh.org, great interview with **Geri Foucher!!**

Pat Nelson was awarded volunteer of the month by the Governor's "Volunteer NH" and was presented with a certificate at the state house by Governor Lynch. Congratulations Pat, a recognition well deserved!

Parent support online message board

<http://www.naminh.org/families-friends-children>

Look to the right and click on "Join our conversation online"

Granite State Independent Living is holding free seminars around the state to help people learn how they can go to work while protecting their disability income. Details on these presentations plus other helpful information on resources that promote work as part of recover can be found at:

<http://www.naminh.org/education/recovery/supported-employment>

Opportunities

Family to Family classes being offered in Littleton, Seacoast, Concord, Nashua and Londonderry.

For dates and to register go to <http://www.naminh.org/f2f>

Advertise your Family to Family, Parents Meeting the Challenge and Support groups on Face book!

Go to the NAMI NH page and post information about your group or class, send it to everyone!! Great new and free advertising!

And Again.....

NAMI NH Support Group Announcement Suggestion

Rudy Parent of the Salem group sends out the best support group announcements. I asked him to share with us how he created them and he was nice enough to share his process. Rudy has offered to share his template which makes the announcements look professionally done and we can simply cut and paste to make it our own. If you would like a sample and the directions please let me know!

Q&A Psychiatric Advance Directives in NH

Check out this link from the National Resource Center on Psychiatric Advance Directives: <http://www.nrc-pad.org/content/view/207/67/>

CMHC complaint process

"When you have a complaint about your Community Mental Health Center"

<http://drcnh.org/cmhcrightsNEW.pdf>

Did you know?

In a NAMI NH provider survey in early 2011, 56% of those responding had referred someone to NAMI NH in the past 3 months. Those that were aware of our programs gave them high marks. The majority commented that NAMI NH needs to have greater visibility in communities and to health care providers.

If you would prefer not to receive this email newsletter, please email me to be removed from the distribution list. Please contact me with questions, needs, and news of your groups and classes at acarbonneau@naminh.org or 1-800-242-6264 ext 25

Annette

