

What's "new at NAMI NH" Newsletter

February 2009

News to distribute and share with your groups and classes

Please share these updates with your support group and classes.

Upcoming Events -

Support Group Facilitator Training-

Last call for participants - This 3 part training to be held over the course of 3 Saturdays, March 14 & 28 and April 25 from 9-3:00. This training is essential to expand your group's leadership teams and for the creation of new groups. There are many communities that do not have a NAMI NH support group, if you know of someone that might be interested in starting a group in a new community please talk to them about this opportunity. **Please ask your group members to consider this training or forward candidates names and contact information to Annette.**

NAMI NH Family and Consumer Conference- "All Together Now" A NAMI NH Conference for all people affected by mental illness.

Save the date- Saturday April 18th at NH Technical Institute in Concord.

Key Note Speakers: Carol Ann Small:HUMORTarian offers a unique perspective on the benefits of laughter and finding humor in everyday life.

Darcy Guttadaro from NAMI National will present on how families and consumers can work to bring evidence based practices into their communities and take a leadership role to change the way services are delivered. The day also will include:

Workshops for all interests

Resource Tables

Annual Awards

Raffle

Volunteer appreciation

Lunch

March Masquerade – March 14 – Go to www.naminh.org for details!!!

Spring Affiliate Leader and Teacher Meeting-

Saturday May 16- Details upcoming

Opportunities

NAMI NH Annual Award Nominations

*******Deadline March 10*******

If there is a person you know that deserves recognition, consider writing a nomination!!

Categories for 2009:

- Therapist (Social Worker, Psychologist, Pastoral Counselor etc.)
- Educator

- Mental Health Administrator
- Media Award (Newspaper, Radio, TV etc.)
- Systems Change Award
- Legal/Law Enforcement
- Unsung Hero (an exceptional individual whose actions have influenced others)

Nomination form is on the NAMI website at www.naminh.org

“Life Interrupted” and “In Our Own Voice”

Bust Stigma; promote these presentations at your work place and in your community. For details contact Annette.

Did you know?

There are 4 House Bills that address mental illness and the criminal justice system.

HB 171 - This bill establishes a commission to evaluate mental health courts and to establish standards for the operation of mental health courts

HB 214- This bill establishes a commission to study health care services in correctional facilities, requires the superintendent of a county correctional facility to perform a medical evaluation of a prisoner prior to discontinuing or modifying such prisoner's prescription medication, and permits certain medical, mental health, and social services practitioners to have access at reasonable times to prisoners in a county correctional facility.

HB 621 -

I. Allows a county correctional facility to request a pre-trial psychiatric examination of a person being held at such facility.

II. Requires the district and superior courts to establish mental illness screening procedures to be administered by court personnel.

III. Creates new procedures for the appointment of counsel for a person with a mental illness.

HB 645 - This bill requires police officers and police officer candidates to complete certain mental health training and requires the police standards and training council to develop and implement an advanced training curriculum for specialized crisis intervention teams.

To view the bills or follow their progress go to www.nh.gov, click on “government” then “State Government” then “Legislative Branch” then “General Court Website”. Look under the “Legislation” heading and view text at house bill intro list.

Now in the NAMI NH resource center

The Best of “Brakes”, an Activity Book for Kids with ADD

Patricia O. Quinn, M.D. and Judith M. Stern, M.A.

All the best games, puzzles, activities, tips, and resources from Brakes, the popular newsletter for kids with ADD and ADHD, are brought together for the first time in this exciting collection. Articles by teachers, counselors, other professionals—and other kids!—offer dozens of great ways for young people to learn about themselves and the challenges of ADD. Along with practical suggestions for solving

problems and getting organized, boys and girls will also discover real kids going through familiar experiences, and a wealth of ideas that make life both more manageable and more fun.

And Again...

Many of you took support group posters to place in your communities. They have small yellow tear-off pads attached to them. We have plenty of replacement pads and we can send them to you. If you need them please contact Annette.

If you would prefer not to receive this email newsletter, please email me to be removed from the distribution list. Please contact me with questions, needs, and news of your groups and classes at acarbonneau@naminh.org or 1-800-242-6264 ext 25

Annette