

## New Hampshire Survivors of Suicide Calendar of Activities-2008

- Winter 2008 Survivors of Suicide Speakers Training will be held. Please contact Becky McEnany at [bmcenany@naminh.org](mailto:bmcenany@naminh.org)
- April 16-19<sup>th</sup>, 2008 American Association of Suicidology (AAS) Conference, Boston. For more information, go to [www.suicidology.org](http://www.suicidology.org)
- April 19<sup>th</sup>, 2008 AAS 20<sup>th</sup> Healing After Suicide Conference, Boston. For Information, go to [www.suicidology.org](http://www.suicidology.org)
- July, 2008 SPAN Annual Conference, Washington DC. For Information, go to [www.spanusa.org](http://www.spanusa.org)
- August 23-24, 2008 West Central Behavioral Health Paddlepower/Firepower Suicide Prevention Fundraiser and Memorial Events, Hanover, NH. For Information, go to [www.paddlepower.org](http://www.paddlepower.org)
- September 27, 2008 AFSP Out of Darkness Walk, Portsmouth, NH. For Information, go to [www.afsp.org](http://www.afsp.org)
- October 5, 2008 National Alliance on Mental Illness Walk, NH Survivor Walk Team. Please contact Becky McEnany at [bmcenany@naminh.org](mailto:bmcenany@naminh.org)
- November, 2008 Youth Suicide Prevention Assembly (YSPA) Annual Conference. For more info, please go to [www.naminh.org](http://www.naminh.org).
- November, 2008 American Foundation for Suicide Prevention (AFSP) Out of Darkness Walk, Hanover, NH. For information, go to [www.afsp.org](http://www.afsp.org)
- November 22, 2008 AFSP Teleconference. For info or to host a location, contact Becky McEnany at [bmcenany@naminh.org](mailto:bmcenany@naminh.org)

## Other Ways to Get Involved

1. Sign up to be on our New Hampshire Survivors of suicide Email list- we will give you updates on activities and projects as they develop.
2. Participate in the NH Youth Suicide Prevention Assembly- all are welcome to attend. Join the survivor committee!
3. Submit news, announcements, writings and artwork to our New Hampshire Survivors of Suicide Newsletter.
4. Volunteer to exhibit or transport the NH Life Keeper Quilt.
5. Sign up to be part of our new monthly telephone conference survivor meetings.
6. Join a walk at local and national events. Join the NAMI Survivor walk team!
7. Attend one of the eight NH SOS support groups or take a training to start a support group in your area.
8. Help us to educate the media on safe reporting on suicide by reading the papers in your area and letting us know about articles related to suicide.
9. Join the NH Survivors Speakers Bureau. Training for anyone interested will be in winter 2008. No speaking experience necessary.
10. Volunteer to be a resource for new survivors.
11. Come up with a new idea for a survivor resource, activity, or fundraiser- apply to the Community Health and Healing Fund to help make your idea happen.

To get involved in any of the above, please contact Becky McEnany at NAMI NH at [bmcenany@naminh.org](mailto:bmcenany@naminh.org) or 603-225-5359.