



NAMIWalks NH 2010
October 3, 2010
NH Hospital Campus, Concord

WALK Day Volunteer Opportunities

We need a few good men, woman and children! Donate 1-4 hours of your time and help make our WALK a success. Many hands do make light work and it's a lot of fun!!

DECORATIONS - Fill helium balloons and decorate...

- WALK site

SIGNAGE - Signs must be posted by 9:00 AM on WALK day.

- Post WALK direction signs along WALK route.
- Post Kilometer Sponsor and Mental Illness Fact signs along WALK route.
- Post Parking and Event signs at the NH Hospital Grounds.
- Post Informational signs at the NH Hospital Grounds.

PARKING AND INFORMATION

- Parking attendants to direct parking.
- Greeters - stationed at WALK entrance to direct Walkers to registration and activities.

TABLES - Set up, stock and/or man tables.

- Refreshment table
- Information table (WALK and NAMI NH information)
- Registration table
- Face painting table
- Sales table

WATER STATION - Set up, man, and breakdown water station at the NAMI NH office.

CLEAN UP

- Pack, load and unload leftover food and supplies at the NAMI NH office.
- Take down WALK route signs.
- Pickup trash at WALK site.
- Break down and stack tables and chairs.

Volunteer Interest Form

To Volunteer on WALK Day, complete this form and return to NAMI NH or send an email to Win Saltmarsh at wsaltmarsh@naminh.org indicating the area you item(s) you would like to help with and your contact information.

Yes! I wish to help on WALK day.

(PLEASE PRINT CLEARLY)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

E-Mail Address: _____

I am interested in...

- | | |
|---|---|
| <input type="checkbox"/> Decorating WALK site | <input type="checkbox"/> Manning a table |
| <input type="checkbox"/> Decorating NAMI NH office | <input type="checkbox"/> WALK site set up |
| <input type="checkbox"/> Posting signs along the WALK route | <input type="checkbox"/> WALK site break down |
| <input type="checkbox"/> Posting signs at WALK site | <input type="checkbox"/> Clean up |
| <input type="checkbox"/> Parking/gate attendant | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Setting up/stocking tables | |

Please return this form to **NAMI NH** at 15 Green Street, Concord, NH 03301 or FAX to (603) 228-8848.