

Keynote Speakers

Barent Walsh, Ph.D: Developments in Understanding and Treating Self-Injury
Dr. Walsh is the Executive Director of The Bridge of Central Massachusetts in Worcester, Mass and author of *Treating Self-Injury: A Practical Guide* published by Guilford Press (2006).

John Kevin Hines: Rock Bottom Success: Talking About Mental Health.
Mr. Hines is a suicide attempt survivor who speaks nationally on bipolar disorder, depression, suicide and survival. His message is truly an inspiration.

Cathy Barber, MPA: Means Matter: Restricting Access to Lethal Means
Ms. Barber is a researcher at the Harvard Injury Control Research Center where her focus is on preventing violent injuries.

Workshop Sessions

Please select one morning and one afternoon workshop and indicate on your registration form.

A. To Hospitalize or Not: A panel of professionals and consumers will discuss the factors that go into the decision-making process and what consumers and families can expect in either case. Moderator: Elizabeth Fenner-Lukaitis

B. Clinician Skill Building in Self-Injury: Barent Walsh will present this follow-up workshop geared towards clinicians. Topics will include: Crisis Intervention, Replacement Skills Training, Cognitive-Behavioral Treatment and Exposure Treatment. Very practical suggestions in dealing with self-injury as well as self-injury contagion will also be addressed.

Agenda

8:00am – 8:30am

Registration and Continental Breakfast

8:30am – 8:45am Welcome

8:45am – 9:45am **PLENARY Clinician Skill Building:**
Barent Walsh

9:45am – 10:30am **PLENARY Rock Bottom Success: Talking About Mental Health,** John Kevin Hines

10:30am – 10:45am Break

10:45am – 12:30 pm **AM Workshops**
See inside and back panels

12:30pm – 1:30pm Lunch/Exhibits
Awards

1:30pm – 2:15pm **PLENARY Means Matter; Restricting Access to Lethal Means:** Cathy Barber, MPA

2:15 – 4:00pm **PM Workshops**
See inside and back panels

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Before Their Time
Casey Family Services
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PaddlePower - West Central Services
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See A New Sun Foundation
Suicide Prevention Council
Suicide Prevention Partnership

Registration

Registration fee is \$50 and includes lunch, breaks, and materials. Please make checks payable to YSPA. Scholarships are available – call for information. Please register by October 26th.

Name _____

Organization _____

Address _____

Phone: _____

Email: _____

Workshop Choices: AM _____

PM _____

(See inside and back panel for workshop descriptions)

Temperatures may vary. Dress in layers.
Please return with registration fee to address below.

Make check payable to YSPA.

Diane Gedney c/o NAMI NH
15 Green Street, Concord, NH 03301

Fax: (603) 228-8848 Email: dgedney@naminh.org

Questions or special needs? Call us at
1-(800) 242-6264 (in-state) or (603) 225-5359

6 CEUs pending – no additional cost.

**Directions To Quality Inn/Wayfarer Conference Center
(603) 622-3766**

**The Quality Inn is located at the junction of routes
3, 203, 101, 114 and Everett Turnpike.**

From the South: 93 North or Everett Turnpike to Route 101W/293N to Route 3-Kilton Rd exit. At the end of the ramp there's a set of traffic lights. Proceed straight across into the Bedford Mall parking lot. Turn to the right, passing Bob's Store. Follow this road to the Conference Center parking lot at the Quality Inn.

From the North: From the North: 93 South to 293S/101W to Route 3/South River Rd exit. Go straight across South River Rd at the traffic lights and make immediate left, following past Macy's to the Conference parking lot at the Quality Inn.