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NAMI NH reserves the right to refuse sponsorship if necessary.

NAMI NH E-News is keeping you informed!

August 9, 2006 Newsletter

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Greetings!

NAMI New Hampshire (The National Alliance on Mental Illness) is a statewide education, support and advocacy organization working for a quality, comprehensive mental health service system. Check out www.naminh.org for more helpful information.

New on Children's Mental Health

New report from the National Center for Children in Poverty: Challenges and Opportunities in Children's Mental Health, A View from Families and Youth

http://nccp.org/media/ucr06a_text.pdf

Webcast - At the Crossroads

Examining the Intersection of Care for Persons with Mental and Substance-Use Conditions

This CSAT program will examine a recent Institute of Medicine Report on improving the quality of care for persons with co-occurring substance use and mental conditions and identify policies and action steps needed from state, local, and Federal governments, health care organizations and others to help ensure Americans receive appropriate treatments.

[Find out more](#)

New Factors Identified for Predicting Violence in Schizophrenia

A study of adults with schizophrenia showed that symptoms of losing contact with reality, such as delusions and hallucinations, increased the odds of serious violence nearly threefold. The odds were only about one-fourth as high in patients with symptoms of reduced emotions and behaviors, such as flat facial expression, social withdrawal, and infrequent speaking. Results of the study, which was conducted in patients in real-world community settings as part of the NIMH-funded Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE), were published in the May 2006 issue of the "Archives of General Psychiatry." Jeffrey A. Lieberman, M.D., of Columbia University, was the principal investigator.

[The full Science Update](#)

Blueprint for Change Now Available!

The National Center for Mental Health and Juvenile Justice (NCMHJJ) is pleased to announce the availability of the "Blueprint for Change: A Comprehensive Model for the Identification and Treatment of Youth with Mental Health Needs in Contact with the Juvenile Justice System". The Blueprint, which was developed by the NCMHJJ with support from the Office of Juvenile Justice and Delinquency Prevention (OJJDP), provides a practical framework for juvenile justice and mental health systems to use when developing programs and policies aimed at improving mental health services for youth in the juvenile justice system.

[Access the document \(click on Blueprint for Change\)](#)

College students and depression

One in 10 college students are diagnosed with depression, according to NMHA, and suicide is the second leading cause of death among university students.

To combat this, students need easily accessible information on how to take a medical leave of absence from school without facing the stigma often attached to mental illnesses, as part of university- wide suicide prevention options.

[Read about it](#)

SAMHSA to hold National Anti-Stigma Campaign Regional Meetings

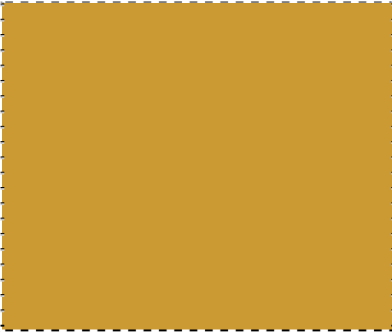
In the war against stigma, the federal government will soon officially launch its National Anti-Stigma Campaign (NASC), with public service announcements (PSAs) developed in conjunction with the U.S. Ad Council.

Based on the recommendation of the President New Freedom Commission on Mental Health in 2003, the Department of Health and Human Services (HHS) Substance Abuse & Mental Health Services Administration (SAMHSA) (<http://www.samhsa.gov>) is organizing the campaign. The NASC aims to improve the general understanding of mental illnesses, promote recovery, and encourage help- seeking behavior across the age span.

[Read more..](#)

National Survey Finds Depression Costs Nearly Tripled for Individuals with Limited Access to Care

Individuals with depression and limited access to treatment incurred



an average of nearly three times the annual out-of-pocket costs for medication, psychotherapy, and other treatment costs than individuals with less restricted access according to results of a new survey.

Credit card debt and other negative social consequences attributable to depression further contributed more than \$13,500 in out-of-pocket costs. However, results reveal that the costs of depression are not just financial, but social.

[Find out more..](#)

Links to information on the NAMI NH website

- [Mental Illness Awareness Week, Oct 1-7, 2006](#)
- [WALK for the Minds of America 2006](#)
- [Frameworks Suicide Prevention Program](#)
- [Find a support group near you](#)
- [Join NAMI NH or Donate!](#)

About Us

NAMI NEW HAMPSHIRE National Alliance on Mental Illness NH - New Hampshire's Voice on Mental Illness

- * Information & Referral * Support Groups * Mental Health Library *
- Advocacy Opportunities * Educational Classes * Public Presentations
- * Volunteer Opportunities * Annual Conference * Public Policy Alerts
- *

Please, feel free to forward this E-Newsletter to anyone you think might be interested!

email: info@naminh.org
 phone: 603-225-5359 or 1-800-242-6264
 web: <http://www.naminh.org>