

NAMI NH is keeping you informed!
Check out www.naminh.org for more helpful information and the latest news.

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NAMI CONVENTION 2006

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Don't miss your last chance to register for **the NAMI Convention, June 28 to July 2, in Washington, D.C.** Take advantage of an Early Bird rate of \$225 for NAMI members and \$275 for non-members. Even lower rates are available for consumers. [Pre-register](#) online before **May 30 and save – it's easy and secure.**

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IN OUR OWN VOICE REACHES OUT TO THE INMATE POPULATION OF NH

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In its ongoing efforts to reach beyond the usual audiences, In Our Own Voice presented to court employees and police chiefs the second week of May. Equally exciting was a 2-hour session for inmates in the Valley Street Jail substance abuse program on recovery from a dual diagnosis.

The court presentation focused on accommodating people with severe mental illness, and the focus for police chiefs was crisis intervention -- the right way (de-escalation), which is quicker, easier and safer than the quick and easy way (knock-em, cuff-em and move-em).

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FREE SAMSHA TELECONFERENCE ON OVERCOMING STIGMA

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The SAMHSA Resource Center to Address Discrimination and Stigma Associated With Mental Illness invites you to participate in a free teleconference training titled, "Transition to Adulthood: Strategies for Overcoming Stigma and Achieving Positive Outcomes for Young Adults."

Date: Thursday, May 25, 2006

Time: 12:00 PM – 1:30 PM (Eastern Time)

To participate in this training teleconference, please complete the online registration form located at <http://www.stopstigma.samhsa.gov/regpage.cfm>.

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NAMI NH ANNUAL AWARDS, JUNE 21, 2006

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Please join us to celebrate NAMI NH's Annual Award recipients, volunteers, achievements, and plans for the future. A special award will be presented to NAMI NH Founder Peggy Straw.

Date: June 21, 2006

Time: 5:00pm - 8:30pm

Place: Bedford Village Inn, Olde Bedford Way, Bedford NH

To register go to: http://www.naminh.org/annual_meeting.pdf

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JUNE 14, 2006 NAMI NH WALK MEETING

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We are looking for RSVPs by June 12 and anyone interested is welcome to join us, dinner included, meeting time 5:30-7:00 at the NAMI office!

For more info: http://www.naminh.org/NAMI_NH_WALK_2006.php

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NIDA: BEHAVIORS MAY INDICATE RISK OF ADOLESCENT DEPRESSION

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New findings from a study supported by the National Institute on Drug Abuse (NIDA) show that girls and boys who exhibit high levels of risky behaviors have similar chances of developing symptoms of depression. However, gender differences become apparent with low and moderate levels of risky behaviors with girls being significantly more likely than boys to experience symptoms of depression. The study, which incorporates data from almost 19,000 teens, is published in the May 15, 2006 issue of the *Archives of Women's Mental Health*. To learn more about this study, see the press release:

<http://www.nida.nih.gov/newsroom/06/NR5-15.html>

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SAMHSA DOES A STUDY ON COMMUNITY-BASED CARE FOR YOUTH WITH MENTAL HEALTH NEEDS

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Children and youth with serious mental health needs make substantial improvements at home, at school, and in the community when served through systems of care that provide community-based services. Data released by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) show that children and youth in systems of care spend less time in inpatient care, experience fewer arrests, make improvements in their overall mental health, and do better in school than before enrollment. To learn more about this study, see the press release:

http://www.samhsa.gov/news/newsreleases/060508_youth.htm

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NEW RESOURCE FOR PARENTS OF CHILDREN WITH LEARNING DISABILITIES

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Online guide to the IDEA

The National Center for Learning Disabilities has just launched an online parent center and guide to the Individuals with Disabilities Education Act. <http://www.nclد.org/content/view/827/527/>

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IDEA 2004 PARENT GUIDE FROM THE NATIONAL CENTER FOR LEARNING DISABILITIES

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<http://www.nclد.org/content/view/902/456086/>

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ELIMINATING DISPARITIES: MULTICULTURAL STRATEGIC SUMMIT

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NAMI's Multicultural Action Center (MAC) will host the Eliminating Disparities: Multicultural Strategic Summit as part of the 2006 NAMI National Convention. The Summit will bring together multicultural mental health leaders from across the nation to address the lack of access to care and the disparities in treatment faced by multicultural communities. The Summit will feature policy and research briefings, plenary sessions and program tracks to address issues specific to African American, American Indian, Asian American and Latino/Hispanic communities. Nationally recognized consumer and family advocates, researchers, policymakers and providers will work together to offer a vision for change. For more information contact us at MACenter@nami.org or visit www.nami.org/summit.

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NAMI 2006 ELECTIONS

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Congratulations to our 2006 NAMI National Board candidates! The following NAMI leaders have been nominated for the five slots up for election on the National Board of Directors:

Don Muller (nominated by NAMI Utah)
Dave Lushbaugh (nominated by NAMI Georgia)
Anand Pandya (nominated by NAMI New York State)
Fred Frese (nominated by NAMI Summit County, Ohio)
Eileen Silber (nominated by NAMI North Carolina)
Nancy Carter (nominated by NAMI California)
Suzanne Clifford (nominated by NAMI Indiana)
Marty Raaymakers (nominated by NAMI Michigan)

For information about the election, proposed bylaws changes and the Board candidates (including their letters of nomination, photographs, and answers to five questions on the most pressing issues facing NAMI), visit www.nami.org/voting.

NAMI NEW HAMPSHIRE

National Alliance on Mental Illness NH - New Hampshire's Voice on Mental Illness

phone (603) 225-5359, 1-800-242-6264
fax (603) 228-8848
email info@naminh.org
web www.naminh.org

* Information & Referral * Support Groups * Mental Health Library * Advocacy Opportunities * Educational Classes *
Public Presentations * Volunteer Opportunities * Annual Conference * Public Policy Alerts *

TO BE REMOVED FROM THIS LIST, PLEASE SEND AN EMAIL TO INFO@NAMINH.ORG WITH YOUR REQUEST.
THANK YOU.