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**NAMI NH is keeping you informed!**

*March 7, 2007 Newsletter*

Mar 7, 2007

**Greetings!**

NAMI New Hampshire (The National Alliance on Mental Illness NH) is a statewide education, support and advocacy organization working for a quality, comprehensive mental health service system. Check out [www.naminh.org](http://www.naminh.org) for more helpful information.

**FDA Alerts Consumers to Unsafe, Misrepresented Drugs Purchased Over the Internet**

The Food and Drug Administration (FDA) has become aware that a number of Americans who placed orders for specific drug products over the Internet (Ambien, Xanax, Lexapro, and Ativan), instead received a product that, according to preliminary analysis, contains haloperidol, a powerful anti-psychotic drug.

Reports show several consumers in the United States have sought emergency medical treatment for symptoms such as difficulty in breathing, muscle spasms and muscle stiffness after ingesting the suspect product. Haloperidol can cause muscle stiffness and spasms, agitation, and sedation.

[Read more..](#)

**New Details in Schizophrenia Treatment Trial Emerge**

Two new studies from the Clinical Antipsychotic Trials for Intervention Effectiveness (CATIE) provide more insights into comparing treatment options, and to what extent antipsychotic medications help people with schizophrenia learn social, interpersonal and community living skills. The new studies are published in the March 2007 issue of the American Journal of Psychiatry. CATIE, a \$42.6 million, multi-site study, was funded by the National Institutes of Health's National Institute of Mental Health (NIMH). The first study compared newer antipsychotic medications after older ones fails. The second study found that schizophrenia patients' social and community living skills improve

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modestly while on antipsychotic medications.

[Read about it..](#)

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### **Comparing the academic, social and behavioral competences of High School students with learning disabilities and emotional disorders**

This article found that students with emotional disturbance scored lower on social and behavioral performance measures than students with learning disabilities. In addition, students with ED scored lower on academic performance as measured by their teachers than students with LD, despite scoring equally well on standardized tests.

[Read the report..](#)

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### **March Adult Issues Conference Call with Dr. Ken Duckworth and Guest Dr. Marvin Swartz**

**Save the Date: Friday, March 23, 2007**

Please join us for our monthly adult issues conference call with Dr. Ken Duckworth and special guest, Dr. Marvin Swartz. Dr. Swartz is a Professor at the Duke University School of Medicine and Head of the Division of Social and Community Psychiatry. He is an expert in psychiatric advance directives, and will be speaking on that topic.

The call is toll free and scheduled from 11:00am - 12:30 Eastern Time on Friday, March 23rd. To access the call, please dial 1-888-858-6021; access number 309918. This call can be made from a home phone.

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### **Administration Rebuffs Request for Additional SCHIP Funding**

Health and Human Services Secretary Mike Leavitt yesterday offered little hope that the administration would agree to demands from state governors to provide additional funding, now and in the future, to the State Children's Health Insurance Program. At their winter meeting, a bipartisan group of governors called on the administration to provide enough money to keep the program afloat through October and to expand the program during the next five years. Many governors are counting on the money as a first step to provide universal health coverage to their residents. Leavitt said that there's enough money to fund the program through October if some states transfer their funding surpluses to states with deficits. He also said that the program shouldn't be expanded and

should continue to focus on children of low-income families.

[Read more..](#)

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## Men and Depression

Six million American men will be diagnosed with depression this year. The weekly magazine, Newsweek devoted its February 26, 2007 cover story to Men and Depression: Facing Darkness, exploring the connection between men, depression and stigma in American society. The feature includes a list of famous men who have battled depression, as well as personal stories of men living with the illness today.

[Read the article in Newsweek..](#)

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## Teens are increasinbly abusing Rx and OTC drugs to get high

The drugs of choice among teens are no longer street drugs like marijuana, cocaine, or LSD. While some teens still use these drugs, many more abuse drugs that don't carry the same stigma, and are easier to get, BUT provide the same type of high—prescription and over-the-counter (OTC) drugs. Confused? Wondering how something that a doctor prescribes to patients can be so bad? Prescription and OTC drugs are very effective when people follow proper dosages and are supervised by a medical doctor. However, there is a new and disturbing trend parents need to know about.

[Read about it..](#)

### Other links of interest:

- [NAMI NH Newsletter Archive](#)
- [Faith and Recovery](#)
- [Frameworks Suicide Prevention Program](#)
- [Find a support group near you](#)
- [Volunteer with NAMI NH!](#)
- [Affiliate News](#)

### About Us

**NAMI NEW HAMPSHIRE** National Alliance on Mental Illness NH - Improving the lives of all persons affected by mental illness

\* Information & Referral \* Support Groups \* Mental Health Library \* Advocacy Opportunities \* Educational Classes \* Public Presentations \* Volunteer Opportunities \* Annual Conference \* Public Policy Alerts \*

email: [info@naminh.org](mailto:info@naminh.org)

phone: 603-225-5359 or 1-800-242-6264

web: <http://www.naminh.org>

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