



What's "new at NAMI NH" Newsletter October 2008

News to distribute and share with your groups and classes

Please share these updates with your support group and classes.

Upcoming Events-

THE ELECTIONS!! NOVEMBER 4TH- GET OUT AND VOTE!!!

For information on state and federal candidate's positions on health care and mental health, and suggestions on questions to put to them and their campaigns click on the link on the left of the home page "New, the 2008 Elections" at www.naminh.org.

Friday October 31*11:00am – 12:30 pm NAMI National "Ask the Doctor"** Toll free Call with Dr. Ken Duckworth and Guest Dr. Carl Fulwiler. The topic of the call will be, "Substance Abuse and Criminal Justice Involvement in People with Mental Illness." Dr. Fulwiler an Assistant Professor of Psychiatry at UMass Medical School where he is Director of Clinical Neuroscience at Lemuel Shattuck Hospital and Director of the Mental Health Agency Research Network. He is currently working on developing jail diversion services for veterans returning from Iraq and Afghanistan, and also conducts research on violent behavior associated with mental illness and substance abuse.

The call is toll free and scheduled from 11-12:30 Eastern Time on Friday, October 31st. To access the call, please dial 1-888-858-6021; access number 309918.

****Please share the following opportunities with your groups and classes****

November 14th- Youth Suicide Prevention Assembly Conference "Positive Approaches for Prevention and Practice" 8:00am-4:30pm at Waterville Valley conference center. Cost for the day long program \$50.00, includes lunch. Scholarships are available. For details and a conference brochure contact Elaine deMello at edemello@naminh.org or 225-5359

November 15th- Public Policy Leadership/ Legislative Forum Training

The most effective way to educate legislators is through their own local constituents- YOU. Through these forums we can educate our legislators on the need for continued accessibility to adequate mental health services and establish local NAMI NH contacts

as resources for families around mental health issues. NAMI NH will train you and others from your community to organize and facilitate a legislative forum. The ½ day training will be held on **Saturday November 15th** in Concord. To register for the training or learn more about becoming a local advocate please contact Annette Carbonneau.

Life Interrupted Family Speaker Training

“Life Interrupted” is the NAMI NH Family Speakers Program. This program enables families to use their experiences to change the attitudes and open the minds of all members of their community and to spread the message that everyone has the ability to help promote recovery and resiliency. Life Interrupted speakers make presentations to any interested group or organization such as schools, hospitals, mental health centers and civic groups. **The 2 part Life Interrupted speaker training will be held on January 17th and 24th from 9-2:00pm.**

Family Conference Planning Committee

NAMI NH is bringing back the annual Family Conference! The planning for the Spring conference begins now. The conference will include workshops focused on consumers, family members, young parents, older adults and advocacy. The committee will meet 3-6 times over the next 6 months to plan the conference, the meetings will be held in the NAMI NH Concord office.

Annual Awards Committee

This committee is responsible for choosing the NAMI NH Annual Award Winners. Nominations in specific categories are submitted from January to March. The committee members are responsible for reading all the nominations and coming together for one meeting in March to discuss and vote.

Interest in any of these activities??? Email Annette at acarbonneau@naminh.org or call 225-5359x 25.

Did you know?

Currently only 203 group home beds are available to serve the more than 7000 individuals with severe mental illness in the entire state (NH)

*“Addressing the Critical Mental Health Needs of NH’s Citizens” (NH’s 10 year plan)

What’s New?

A great Fall Affiliate Leader and Teacher meeting! Thank you to all who attended! Scott Smith, Joanna O’Brien and Pat Whitney won the bingo prizes, the Concord Family to Family class “laundry list” created lots of discussion as did the Nashua Affiliates work with Rivier and their succession planning. Nancy Rollins, Associate Commissioner of DHHS outlined the entire Department of Health and Human services in 1 hour- not an easy task! The new NAMI NH Marketing material prototypes were shared and lots of NAMI NH updates were provided. Our discussion on defining NAMI NH Support groups will continue in the Spring and detailed minutes will be posted on the Affiliate News page of the NAMI NH website next month.

And Again...

Suicide Survivor Support- There is growing support opportunities for those that have lost a loved one to suicide. These opportunities include Survivor Support Groups around the state, a suicide prevention conference at Waterville Valley on November 14th featuring workshops specifically for those that have lost someone to suicide and the National Survivors of Suicide Day teleconference, an opportunity for people that have lost someone to suicide to come together and participate in a national teleconference on November 22nd. For details on any of these activities please contact Becky Mcenany at bmcenany@naminh.org.

Thank you to all the Support Group Leadership for completing the monthly support group survey forms. These forms provide us with the required documentation for our Family Mutual Support contract through the state of NH.

If you would prefer not to receive this email newsletter, please email me to be removed from the distribution list. Please contact me with questions, needs, and news of your groups and classes at acarbonneau@naminh.org or 1-800-242-6264 ext 25

Annette