



# Plymouth Region Survivors of Suicide Support Group

The Plymouth Region Survivors of Suicide Support Group is a peer support group for those who have lost a family member, relative, or friend to suicide. We will meet monthly to provide support to one another through listening, sharing, and education.

**When:** 4th Tuesday of the month, 7-9 pm (beg. March 22)

**Where:** Starr King Unitarian Universalist Fellowship

**Contact:** Marcia VanderMast- 764-4352 eves. or leave message



National Alliance on Mental  
Illness-New Hampshire  
[www.naminh.org](http://www.naminh.org)

Phone: 1-800-242-6264  
Fax: 603-228-8848  
E-mail: [bmcenany@naminh.org](mailto:bmcenany@naminh.org)

  
Youth suicide Prevention  
Assembly  
Survivors of Suicide Committee