



National Alliance on Mental Illness

New Hampshire



Annual Report

July 1, 2012 - June 30, 2013

Highlights

Advocacy & Leadership



With adults and children across the state waiting for days at a time in local emergency departments for a psychiatric inpatient bed, NAMI NH families called for something to be done. After months of public discourse about what led to this situation, NAMI NH called a press conference, engaging 17 different organizations across the service spectrum to speak out—in one voice—about the need to respond to the crisis.

NAMI NH leadership met with Governor Hassan on her first day in office, highlighting the fragility of the state’s community mental health system and how those living with mental illness were in jeopardy. Our collective advocacy led to increased funding for essential mental health services.

Children’s Mental Health Matters Rally



Photo credit: Howard Muscott



On May 9th, over 250 Granite Staters of all ages attended the “Children’s Mental Health Matters Rally”. The event featured an address by Governor Maggie Hassan and Flash Mob performance to highlight the importance of children’s mental health and the NH Children’s Behavioral Health Plan.

Highlights

Changing
Minds... One
Step at a Time



Over 650 Granite Staters walked in the
10th Annual NAMIWalks NH



“I walk to thank God for my son...
one of the most beautiful people
that I know. He has a generous
heart, a beautiful soul and is the joy
of my life. Jon suffers from the
illness of Bipolar...”



Highlights

Mental Health and Schools Conference



Over 150 educators, school psychologists, guidance counselors, medical professionals, mental health providers, and family members attended the October conference.

NAMI New Hampshire Annual Conference & Awards



Nearly 150 Family members, consumers and friends and allies from across the state attended the Annual Conference and Awards in March.

Family to Family & Parents Meeting the Challenge



NAMI NH offered Family to Family Teacher Training in Coos County and its first Family to Family and Parents Meeting the Challenge classes in Lancaster through a grant from the Tillotson Fund.

2013 NAMI National Exemplary Psychiatry Award



Dr. Steven Cauble, NAMI NH Board member, was recognized for receiving the 2013 NAMI National Exemplary Psychiatry Award.

Family Support Group Training for New Hampshire's National Guard



"The face of mental illness is not the face of a stranger. It is the face of our neighbors, coworkers, family and friends and sometimes us."

Mike Fitzpatrick
Past Executive Director, NAMI National



Highlights

Suicide Prevention: Connect

NAMI New Hampshire's Connect Program provided suicide prevention and postvention training in 28 states across the country. Here in New Hampshire, staff worked extensively with communities, schools and organizations.



Party with a Purpose



NAMI New Hampshire friends and supporters listen to Board Member and *In Our Own Voice* speaker Monique Jevne share her personal recovery story at the Annual Party with a Purpose. Michele Grennon and Joffree Barnett once again opened their New Castle home for this great awareness raising event.



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लाइफलाइन
१-८००-२७३-८२५५
www.suicidepreventionlifeline.org

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माया गर्नु भएका
कोही आत्माहत्याको
खतरामा परेका छन्?

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सत्यलाई पत्ता लगाउनुहोस्
अनि सही कार्रवाई गर्नुहोस्

After the Bhutanese Community experienced several tragic suicide events, Connect Program staff provided outreach and training. The National Suicide Lifeline information card was also translated into Nepalese.

“Thank you for doing this. I lost my sister in the spring after a life long struggle with bipolar disease. The work that this agency does is incredibly important.”
~ Family Member



By the Numbers

July 1, 2012 – June 30, 2013

NAMI NH General Support, Education & Advocacy Statistics ¹	
Families who received individual support & education	228
Unique Information & Resource Line responses	1132
Support groups through the state	20 (18 + 2 online)
People who attended advocacy training	30
Public presentation attendees	3,356
NAMIWalks NH participants	650+
Website Unique Visitors	22,278
Average Page Views/Visit	3+
Average Time on Site	2.5 minutes

NAMI NH Volunteers	
Number of Volunteers ²	190
Volunteer hours	10846+
Total Volunteer Value	\$245,273+

Suicide Prevention/Postvention & Survivor Support	
Community Readiness and Awareness Presentations	10 (NH = 8, Other states = 2)
Suicide Prevention and/or Postvention Trainings	105 (NH = 34, Other states = 71)
People trained in <i>Connect</i> Suicide Prevention	949 (NH = 596 from 23 trainings, Other states = 353 from 20 trainings)
People trained in <i>Connect</i> Suicide Postvention	684 (NH = 120 from 5 trainings, Other states = 564 from 37 trainings)
Suicide Prevention Trainers trained	124 (NH = 54 from 5 trainings, Other states = 70 from 6 trainings)
Postvention Trainers trained	91 (NH = 11 from 1 training, Other states = 80 from 8 trainings)
Youth Trainers trained	185 (NH = 73 from 2 trainings, Other states = 112 from 6 trainings)
Hours spent responding to suicide incidents	64+
Support groups for Survivors of Suicide in NH	11
Time/events NH Lifekeeper Quilt was displayed	22
NH Survivor of Suicide Loss Resource Folders distributed	275
Survivors of Suicide Loss newsletters distributed	8000

Family/Caregiver Education Programs	
<i>Family to Family</i>	159 participants 11 classes 8 communities
<i>Parents Meeting the Challenge</i>	41 participants 5 classes 5 communities
<i>Side by Side</i>	174 participants 25 classes 5 communities

Speakers' Bureau Presentations	
<i>SurvivorVoices</i>	24 presentations 476 audience members
<i>Life Interrupted</i>	26 presentations 494 audience members
<i>In Our Own Voice</i>	41 presentations 1466 audience members

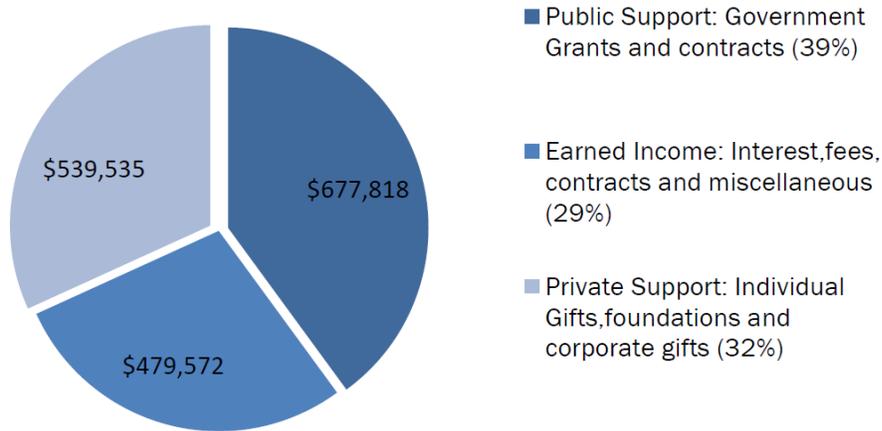
¹ Total # of individuals served is approximately 12,000, although it should be noted that it is unlikely that these are all unique individuals

² Volunteer roles include: speakers' bureaus, support group leaders, teachers, board of directors, committee work, office volunteers, walk volunteers, special projects, etc.

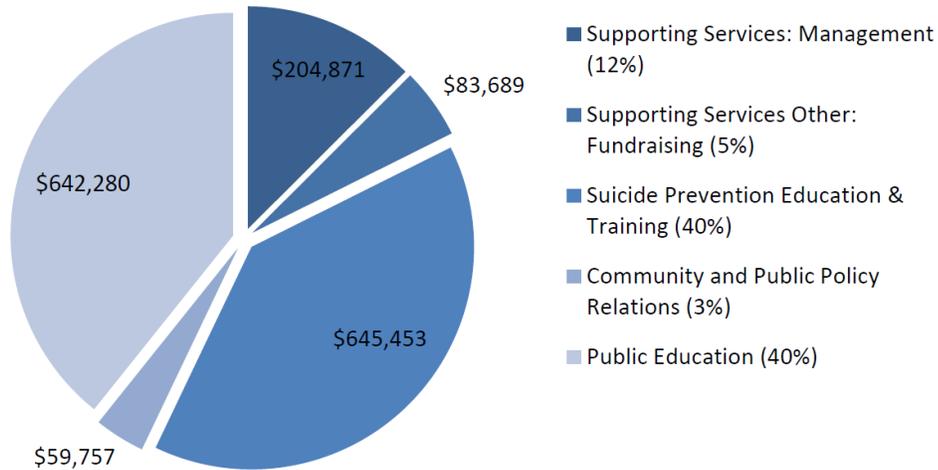


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Revenue Sources ~ Fiscal Year 2013
Total \$1,696,925



NAMI NH
Expenses ~ Fiscal Year 2013
Total \$1,636,050





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improving lives affected by mental illness



Mission & Vision

Our Mission

NAMI New Hampshire, a grassroots organization of families, consumers, professionals and other members, is dedicated to improving the quality of life of persons of all ages affected by mental illness and/or serious emotional disorders through education, support and advocacy.

Our Vision

People of all ages with mental illness or serious emotional disorders and their families will have access, without discrimination or stigma, to a comprehensive, community-based mental health system of prevention, early intervention, treatment and support services, integrated into an effective overall health care system.

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