



NAMI

National Alliance on Mental Illness

New Hampshire



Annual Report

July 1, 2013 - June 30, 2014

Highlights

Medicaid Expansion



NAMI NH members and staff advocated for the passage of the bi-partisan legislation that enacted Medicaid Expansion. This historic legislation will allow up to 50,000 Granite Staters to access essential health services, including mental health and substance abuse treatment services.

STAND Up New Hampshire - Anti-Bullying Rally

NAMI NH staff played a key role in the planning and implementation of the STAND Up New Hampshire Anti-bullying Rally. Over 3,800 NH students from 120 schools participated in the event.



The STAND Up Anti-Bullying Rally Planning Committee with Governor Hassan as she signed a Governor's Proclamation recognizing the week of November 18 -22, 2013 as Bully Prevention Week.

It's Your Move Advocacy Training

NAMI NH offered two sessions of It's Your Move Advocacy Training. The first was open to the general public and the second was in partnership with the NH Consumer Council.

"The face of mental illness is not the face of a stranger. It is the face of our neighbors, coworkers, family and friends and sometimes us."

Mike Fitzpatrick
Past Executive Director, NAMI National

Highlights

Changing
Minds... One
Step at a Time



Over 700 Granite Staters walked in the
11th Annual NAMIWalks NH



“I walk for my son, living with schizo-affective disorder, for myself, living with depression, and for all the people who struggle with mental illness and the others who work to make their lives better.”



Highlights

NAMI New Hampshire Annual Conference & Awards



The 2014 NAMI NH Annual Conference was the biggest one yet with nearly 200 family members, consumers, friends and allies from across the state attending. Governor Maggie Hassan addressed the conference and congratulated the Annual Award winners.

Family Support

Family Support expanded with the addition of new Parents Meeting the Challenge groups, a centrally located Family Support Group in Plymouth and online Facebook Support Page.



In Our Own Voice



IOOV speakers continued to break down barriers and combat discrimination with their stories of hope. NAMI NH offered training for new IOOV speakers during the year. Pictured above is the “Dream Team” - Monique Jevne, Jeremy Tetreault, Tricia Ellis and Chris Moore-Vissing - who presented at the Annual Suicide Prevention Conference in November.

Connection Support Group Facilitator Training

A new group of Connection Support Group facilitators were trained in April. Connection is a peer-support group for individuals living with mental illness. Connection groups are offered throughout the state.



Highlights

SAMHSA Youth Suicide Prevention Grant

In October, New Hampshire was awarded its third round of SAMHSA Youth Suicide Prevention funding. NAMI NH is the designated recipient and lead organization for the project. This 3-year grant will focus on statewide capacity building, as well as targeted work with three public health networks and a specialized project working with youth who are hospitalized at NH Hospital. As a state, NH continues moving forward with best practices and a comprehensive public health approach to suicide prevention.

10th Annual New Hampshire Suicide Prevention Conference



Over 300 attendees participated in NH's 10th Annual Suicide Prevention Conference. The event culminated with the video, A Decade of Hope, highlighting

individuals across the lifespan talking about the progress that has been made in suicide prevention efforts in the state over the last ten years. The film was made by Bedford native, Jordan St. Jean, whose own family has been impacted by suicide.

The Connect Program

The Connect Program continued to be active not only in NH but around the globe, providing training and consultation in tribes, states, and communities in places as far as Alaska, Hawai'i, and Guam.



Police Training



During the fiscal year, NAMI NH staff and In Our Own Voice speakers worked closely with law enforcement to create a training video for state police on dealing with persons who have mental illness. The first of its kind in NH, this video will be part of the standard training requirements for all NH state police.



By the Numbers

July 1, 2013 – June 30, 2014

NAMI NH General Support, Education & Advocacy Statistics ¹	
Families who received individual support & education	168+
Unique Information & Resource Line responses	1087+
Support groups through the state	24
People who attended advocacy training	22
Public presentation attendees	3026+
NAMIWalks NH participants	700+
Website Unique Visitors – naminh.org	26,746
Website Unique Visitors – theconnectprogram.org	22,517
Average Page Views/Visit – naminh.org	3
Average Page Views/Visit – theconnectprogram.org	2
Average Time on Site – naminh.org	2.5 minutes
Average Time on Site – theconnectprogram.org	1.5 minutes

NAMI NH Volunteers	
Number of Volunteers ²	200+
Volunteer hours	11388+
Total Volunteer Value	\$255,536+

Suicide Prevention/Postvention & Survivor Support	
Community Readiness and Awareness Presentations	265 participants (NH = 11, Other states = 0)
Suicide Prevention and/or Postvention Trainings	66 (NH = 25, Other states = 41)
People trained in <i>Connect</i> Suicide Prevention	787 (NH = 530 from 20 trainings, Other states 257 from 12 trainings)
People trained in <i>Connect</i> Suicide Postvention	704 (NH = 128 from 5 trainings, Other states = 576 from 29 trainings)
Suicide Prevention Trainers trained	192 (NH = 128 from 8 trainings, Other states = 64 from 4 trainings)
Postvention Trainers trained	112 (NH = 0 from 0 training, Other states = 112 from 7 trainings)
Youth Trainers trained	184 (NH = 85 from 2 trainings, Other states = 99 from 5 trainings)
Hours spent responding to suicide incidents	50+
Support groups for Survivors of Suicide in NH	8
Time/events NH Lifekeeper Quilt was displayed	13+
NH Survivor of Suicide Loss Resource Folders distributed	200+
Survivors of Suicide Loss newsletters distributed	8000

Family/Caregiver Education Programs	
<i>Family to Family</i>	128 participants 8 classes 7 communities
<i>Parents Meeting the Challenge</i>	32 participants 3 classes 3 communities
<i>Side by Side</i>	208 participants 16 classes 6 communities

Speakers' Bureau Presentations	
<i>SurvivorVoices</i>	17 presentations 324 audience members
<i>Life Interrupted</i>	20 presentations 356 audience members
<i>In Our Own Voice</i>	46 presentations 2067 audience members

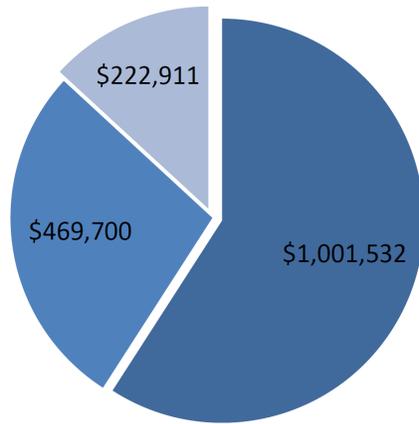
¹ Total # of individuals served is approximately 12,000, although it should be noted that it is unlikely that these are all unique individuals

² Volunteer roles include: speakers' bureaus, support group leaders, teachers, board of directors, committee work, office volunteers, walk volunteers, special projects, etc.



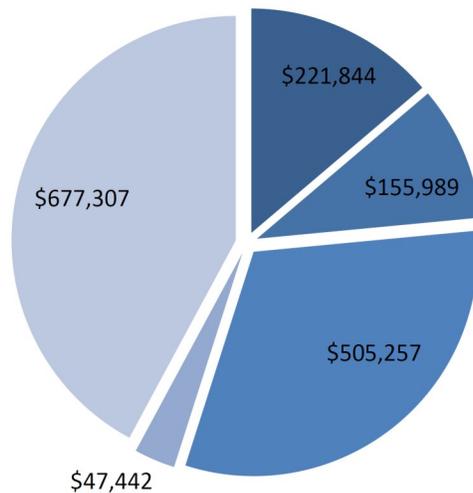
Financials

NAMI NH
Revenue Sources ~ Fiscal Year 2014
Total \$1,694,143



- Public Support: Government Grants and contracts (59%)
- Earned Income: Interest, fees, contracts and miscellaneous (28%)
- Private Support: Individual Gifts, foundations and corporate gifts (13%)

NAMI NH
Expenses ~ Fiscal Year 2014
Total \$1,607,839



- Supporting Services: Management (14%)
- Supporting Services Other: Fundraising (10%)
- Suicide Prevention Education & Training (31%)
- Community and Public Policy Relations (3%)
- Public Education (42%)



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Our Mission

NAMI New Hampshire, a grassroots organization of families, consumers, professionals and other members, is dedicated to improving the quality of life of persons of all ages affected by mental illness and/or serious emotional disorders through education, support and advocacy.

Our Vision

People of all ages with mental illness or serious emotional disorders and their families will have access, without discrimination or stigma, to a comprehensive, community-based mental health system of prevention, early intervention, treatment and support services, integrated into an effective overall health care system.

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improving lives affected by mental illness



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