CHILDREN AND ADOLESCENTS: SERIOUS EMOTIONAL DISORDERS AND SCHOOL

CHILDREN AND ADOLESCENTS: SERIOUS EMOTIONAL DISORDERS (SED) AND SCHOOL is a comprehensive and interactive training for educators and school personnel. Everyone can agree that addressing and managing mental health problems can be complex and in school settings involves extensive time and resources.

Participants in this training will have the opportunity to discuss the challenges they face in the classroom with the SED student population and learn new ways to address the challenges.

This training will provide educators and school personnel an opportunity to gain knowledge about SED, the signs and symptoms they may see in the classroom/school settings and through presentation, discussion and role plays, they will learn how they can help the child manage the symptoms and behaviors that impede their participation in the learning process.

Emphasis will be placed on raising the awareness of the participant to acquire the knowledge base to be able to identify early signs that a child may have mental health needs, and what steps they can take to connect the child and family with the person(s) that can help them. Participants will be provided strategies on how to work effectively with family members to ensure that school is a positive place for the students.
There will be a chance to discuss the myths and misconceptions about SED/mental illness and explore how these may be impacting the school’s response to the student’s behaviors. Participants will gain knowledge about the early warning signs of suicide and the importance of making the right connection for immediate intervention.

Participants will receive a training packet which will include handouts on strategies and techniques; science-based information about disorders; suggested readings and a list of local and state resources.

**NAMI NH** is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness. Our experience as family members coping with mental illness on a daily basis has taught us that our educational programs serve as vehicles for empowering families to help themselves, and learn new information and skills to promote the recovery of their loved one.

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