

# Training

**LENGTH:** Full day or a half day curriculum can be customized to meet your training needs

**PARTICIPANTS:** personnel of the juvenile justice system, law enforcement and diversion program staff

**GOALS:** Participants will

- learn strategies to effectively interact with juveniles and their families who are exhibiting signs/symptoms of a disorder
- gain knowledge of the common serious emotional disorders/mental illnesses
- learn the early warning signs of suicide and how to connect the juvenile with professionals
- be taught about mental health laws and procedures and learn what their role is in terms of rights of individuals
- discuss ways to dispel myths and misconceptions that contribute to stigma
- increase their understanding of the challenges families face in seeking treatment
- be given resources they can access and share with families

**LOCATION(S):** NAMI NH or local communities

**FOR COST AND COMPREHENSIVE**

**INFORMATION:** To schedule or attend a training workshop contact NAMI NH at 603.225.5359 or email [info@NAMINH.org](mailto:info@NAMINH.org)



## RESPONDING TO JUVENILES WITH SERIOUS EMOTIONAL DISORDERS/MENTAL ILLNESS

RESPONDING TO JUVENILES WITH SERIOUS EMOTIONAL DISORDERS/MENTAL ILLNESS is a comprehensive and interactive full or half day training designed for those working in the juvenile justice system, diversion programs and law enforcement. In order to safely and effectively resolve emotional crises and volatile situations involving juveniles with serious emotional and behavioral disorders, personnel should understand and use the best approaches, the related laws, and the resources available to them.

This training program will provide participants with strategies and resources that will reduce the time spent managing a situation, ensure more positive outcomes and minimize risk of harm to all parties involved. Participants will be encouraged to share common and challenging situations they encounter and will be provided strategies and resources to address these situations. Using lecture, discussion, group activities, video presentations and empathy exercises participants will learn about the more common emotional disorders, the related symptoms and behaviors and how to effectively communicate with a juvenile who is experiencing symptoms. Participants will be taught to recognize the early warning signs of suicide and the importance of connecting juveniles with a mental health provider.

By engaging in an open discussion, participants will be asked to look at their own biases/attitudes toward mental illness and how these may affect their response to juveniles. Participants will also hear from a family member about their experience of raising a child with serious emotional disorders and the challenges they faced accessing supports and services.

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Participants will be provided an overview of mental health procedures such as the Involuntary Emergency Admission, Prayer and Complaint for a Compulsory Mental Examination, and Revocation of a Conditional Discharge. They will also learn about the individual's rights within the mental health system and a review of the Children In Need of Supervision (CHINS) and delinquency processes.

Participants will receive a training packet that will include a comprehensive resource list to assist them in their work or to share with families with whom they come in contact.

***NAMI NH** is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness. Our experience as family members coping with mental illness on a daily basis has taught us that our educational programs serve as vehicles for empowering families to help themselves, and learn new information and skills to promote the recovery of their loved one.*

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