

Training

LENGTH: 2–3 hours

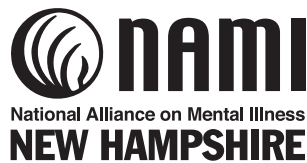
PARTICIPANTS: Anyone who wants to learn more about New Hampshire's mental health system

GOALS: Participants will

- identify the child-serving agencies that serve children with serious emotional disorders and their families
- gain an understanding of the mandates of each child-serving agency
- learn strategies to address system challenges and/or barriers when trying to navigate the system
- receive resources useful for their work

LOCATION(S): NAMI NH or local communities

REGISTRATION AND INFORMATION: To schedule or attend a training workshop contact NAMI NH at 603.225.5359 or email info@NAMINH.org



NEW HAMPSHIRE'S CHILD & ADOLESCENT MENTAL HEALTH SYSTEM

NEW HAMPSHIRE'S CHILD and ADOLESCENT MENTAL HEALTH SYSTEM is a complex system of child-serving agencies that address the needs of children and adolescents with Serious Emotional Disorders (SED).

The system includes mental health, education, child protection and juvenile justice. This workshop will provide participants with information intended to decrease the frustration and time expended by individuals in their attempt to navigate the system to get services and supports for children and adolescents.

Participants will be provided an overview of the child-serving agencies and the rules, regulations and procedures under which services and support can be provided. Through the use of instruction, discussion and group activities, participants will develop knowledge and skills needed to maneuver through the system to ensure good outcomes for the children they serve. *The Guidebook for Children and Adolescents with Serious Emotional Disorders* and handouts, including resource lists will be provided to each participant.

NAMI NH is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness. Our experience as family members coping with mental illness on a daily basis has taught us that our educational programs serve as vehicles for empowering families to help themselves, and learn new information and skills to promote the recovery of their loved one.

**NAMI NH 15 Green Street, Concord, NH 03301
1.603.225.5359 or 1.800.242.6264 • www.NAMINH.org**