

Strengthening the Community's Safety Net: How YOU Can Help Prevent Suicide

For parents & caregivers of youth
under the age of 27 with
social-emotional challenges

Saturday, September 22, 2018

9:00am to 3:30pm

Hampton Inn

515 South Street

Bow, NH

All training materials included.
Lunch, snacks & beverages provided.

Prevention Considerations:

- Knowledge of National Best Practices in dealing with suicide thoughts and attempts
- Strategies for communicating with parents/guardians/family members or other support persons during crisis situations
- Insights into local resources and services available and how these can be accessed for the deaf and hard of hearing at risk for suicide
- Review of local and national resources when dealing with mental health or suicide issues

Participants will learn:

- The impact of suicide
- Factors that increase and lower the risk of suicide
- The effectiveness of prevention efforts
- What can we say or do if we are worried about someone who may be at risk for suicide
- Connecting someone at risk to key community services
- National Best Practices to include restricting access to lethal means and safe messaging.

Please note:

Many people who have had a recent loss to suicide or a suicide attempt (within two years) can find attending a suicide prevention training difficult. It is important to remember that your own self-care comes first.

If you have a question about your participation and/or want information on resources, please contact Debbie Baird at dbaird@NAMINH.org.

Additional resources can be found on the www.NAMINH.org and <http://www.theconnectprogram.org/survivors/support-and-resources-copings-suicide-loss> websites.

This is a FREE program but space is limited.

Registration required by September 7, 2018

For more information and/or to register, contact Michele Watson mwatson@NAMINH.org

This program is offered through the NH Family Network Grant



New Hampshire