

# It's Your Move 2.0 *Advanced*

The most effective way our NH legislators and local decision-makers learn about **mental health needs** is hearing from **YOU** — their constituents!

Register now for NAMI NH's free, **advanced**, advocacy training

**Thursday, April 11, 2019**

**4:00 pm – 9:00 pm (dinner included)**

**NAMI NH, 85 North State Street, Concord, NH**

**\*\*Please Note\*\*** The introductory *"It's Your Move 1.0"* workshop is a prerequisite for this course. For more information on *"It's Your Move 1.0"* email Sue Allen-Samuel at [sallen@NAMINH.org](mailto:sallen@NAMINH.org).

- ▶ Become a strong, effective advocate
- ▶ Gain a deep understanding of the NH Legislative process
- ▶ Practice testifying and writing to legislators
- ▶ Create a plan on how you can make a difference

*Your next move?*

Register Today!

Click <https://tinyurl.com/IYM20> to register!  
For more information, contact Michele Watson  
[mwatson@NAMINH.org](mailto:mwatson@NAMINH.org) or (603) 225-5359 x353

 **NAMI** New Hampshire  
National Alliance on Mental Illness

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