

# Mental Illness Awareness Week Program

Help End the Stigma of Mental Illness with  
NAMI NH's *In Our Own Voice* program

Tuesday, October 8, 7 p.m.

PSU Frost Commons

Please join PSU in raising awareness during Mental Illness Awareness Week. Listen to the struggles and achievements of guest speakers who are in recovery in this program presented by the NAMI New Hampshire (National Alliance on Mental Illness).