

# It's Your Move

## Advocacy Trainings 2020

### *Basic 1.0 & Advanced 2.0*

The most effective way our NH legislators and local decision-makers learn about **mental health needs** is hearing from **YOU** — their constituents!

Register now for NAMI NH's **FREE** advocacy trainings:

Basic 1.0	Saturday, January 18 9:00 am—3:00 pm Lunch included.	OR	Wednesdays, January 29 & February 5 5:00 pm—8:00 pm Dinner included.
Advanced 2.0**	Saturday, February 15 9:00 am—3:00 pm Lunch included.	OR	Friday, March 6 9:00 am—3:00 pm Lunch included.

\*\* Prior advocacy training such as the introductory "*It's Your Move Basic 1.0*" or other advocacy training is required.

All sessions are held at NAMI NH, 85 North State Street, Concord, NH.

- ▶ Become a strong, effective advocate.
- ▶ Gain a deep understanding of the NH Legislative process.
- ▶ Practice testifying and writing to legislators.
- ▶ Create a plan on how you can make a difference.

*Your next move?*

Register Today!

Visit <https://tinyurl.com/2020-IYM> to register!  
Someone will be in touch to confirm and/or to answer any questions that you might have!



85 North State Street, Concord, NH 03301 • [www.NAMINH.org](http://www.NAMINH.org) • (603) 225-5359 • (800) 242-6264 (InfoLine)

*It's Your Move* is presented by NAMI New Hampshire, with support from  
the NH Department of Health & Human Services Bureau of Mental Health Services and the NH Endowment for Health.