



## **NAMI New Hampshire (National Alliance on Mental Illness) 2020 ANNUAL AWARDS**

Mental illness affects 1 in 5 people. Individuals with mental illness can, and do, lead productive and successful lives. Often this success includes someone who has gone the extra mile to reach out, advocate, or provide an exemplary service in support of Granite Staters affected by mental illness and suicide.

**NAMI NH** will recognize these folks at the NAMI NH Annual Conference on April 4, 2020. **If you know of one of these special people, tell us!**

Not sure which category to choose? Just select your best guess; our volunteer Annual Awards Committee will decide which category is the best suited once they have read over all of the nominations.

### **Award Categories**

#### **1) Peer Support**

These individuals willingly share their experiences with mental illness in support of others traveling a similar path, providing much-needed information, empathy, and hope for recovery.

#### **2) Unsung Hero**

Who's flying under the radar, not yet receiving recognition for their significant contributions? Perhaps a neighbor who has helped to create a supportive environment for a family struggling with mental illness. What about your child's guidance counselor, a local support group leader, or your primary care provider? A professor, religious leader, or mentor? A business owner or town leader? Think outside the box, and shine a light on someone doing exceptional work.

#### **3) NAMI NH Volunteer of the Year**

NAMI NH has so many wonderful volunteers helping with everything from NAMI Walks NH and organizing training materials, to teaching Family-to-Family classes and running support groups.

#### **4) Legislator of the Year**

We have 424 NH legislators and 4 US legislators. Who is advocating for mental health in our legislature?

## **5) Mental Health Professional**

Examples include therapists, psychiatrists, administrators and case managers.

## **6) Educator**

Do you know a stigma-stomping teacher? Who is teaching the importance of mental health for all and spreading hope to future generations? Examples include professors, teachers, or a nonacademic role such as a trainer.

## **7) Law Enforcement**

Examples include police officers, sheriffs, probation officers, judges and attorneys.

## **8) Media**

Examples include individuals or organizations working in all forms of media – television, print, radio or the internet, including blogs.

### **Directions**

- Save paper – submit your nomination online at [tinyurl.com/NHAwards](http://tinyurl.com/NHAwards)
- Select the category that best fits your nominee.
- The Awards Committee may choose to place your nominee in a better-suited category.
- You may nominate more than one person.
- Please complete a separate nomination form for each individual who you are nominating.
- You may nominate a person who was nominated previously but not selected.
- Contact information for both you and the nominee must be included.
- To ensure fairness to all nominees, you must limit your nomination to 250 words or fewer. (Nominations that exceed this size will be returned for editing.)
- Please only submit the written nomination; any additional materials, such as letters of support, photos, or artwork will not be forwarded to the committee.
- The number of nominations an individual receives will not affect the voting process or the outcome. Nomination “campaigns” are discouraged.
- Nominations will be chosen based on their individual content only.

## 2020 NAMI NH Annual Awards Nomination Form

**PLEASE NOTE:** The Nominee must be **currently** working in the field for which they are being nominated, if applicable.

**I nominate** \_\_\_\_\_ in the following category:

- \_\_\_\_ Peer Support
- \_\_\_\_ Unsung Hero
- \_\_\_\_ NAMI NH Volunteer of the Year
- \_\_\_\_ Legislator of the Year
- \_\_\_\_ Mental Health Professional
- \_\_\_\_ Educator
- \_\_\_\_ Law Enforcement
- \_\_\_\_ Media

**Name and contact information of person submitting this nomination:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (day): \_\_\_\_\_ Phone (evening): \_\_\_\_\_

Email: \_\_\_\_\_

**Name and contact information of person being nominated:**

Name: \_\_\_\_\_

Organization/Agency Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (day): \_\_\_\_\_ Phone (evening): \_\_\_\_\_

Email: \_\_\_\_\_

**Please submit your nomination of 250 words or fewer on a separate sheet.**

Award recipients are determined SOLELY on the **content** of your written nomination. Be accurate, complete, and clear as to why you feel this person or organization deserves recognition.

Please mail your nomination to:

NAMI NH  
Attn: Annual Awards  
85 North State Street  
Concord, NH 03301

Or email: [ksomarriba@naminh.org](mailto:ksomarriba@naminh.org)

**All nominations must be received at NAMI NH by  
February 14, 2020**

Annual Awards will be presented at NAMI NH's Annual Conference on  
April 4, 2020.

***Thank you for making a nomination!***