

NAMI NH condemns the rule enacted by the Trump administration restricting access to health care for transgender people. COVID has clearly demonstrated that inequity in our healthcare system and limited access to health care results in increased illness and deaths. Research that trans people are eight times more likely to attempt suicide than their peers in the general population and that young people who are gender non conforming are also at higher risk. This rule will likely increase the risks for this population when we need to be collectively working to decrease these risks. Timely access to quality health and mental health care needs to be available to all people regardless of race; religion, sex, or gender identity.