Resources for Kids Waiting in Emergency Departments

Are you a family member/loved one of a child waiting in a NH Emergency Department for an inpatient psychiatric bed? Please know you are not alone, and help is available. Following are resources and information to assist you with navigating this difficult time.

For additional information, visit: NAMINH.org/EDBoarding

NAMI NEW HAMPSHIRE
INFORMATION & RESOURCE LINE
1-800-242-6264 (PRESS 4)
OR INFO@NAMINH.ORG

NAMI New Hampshire can connect those impacted by long ED waits with information and support. Please don’t hesitate to contact us to leave a confidential message.

ONLINE FB GROUP:
CAREGIVERS OF CHILDREN & ADOLESCENTS WITH SOCIAL/EMOTIONAL CHALLENGES

This private Facebook group is a place to find support, information and to meet other parents, primary caregivers and loved ones of children, adolescents and young adults with serious emotional disorders (diagnosed or not).

Request to join: NAMINH.org/OnlineGroups
More Resources...

PARENT/CAREGIVER SUPPORT GROUPS
Looking for support? Make important connections to others who:
- understand the challenges you face and the opportunities ahead;
- feel the same way you do;
- have had the same experiences;
- will help you learn new coping skills;
- and will share their successes and strategies with you.

Get connected: NAMINH.org/ParentGroups

COMMUNITY MENTAL HEALTH CENTERS (CMHCS)
CMHCs, located across NH, provide publicly funded mental health services. All CMHCs have specialized programs for children and families.

Find your local Community Mental Health Center: NAMINH.org/CMHCs

FAST FORWARD WRAPAROUND SERVICES
The FAST Forward program – Families and Systems Together – is designed to serve youth with serious emotional disturbances and their families, whose needs aren’t met by traditional service streams and programs.

To learn more, contact: NH Bureau of Children’s Behavioral Health at 603-271-5075.