



# nAMI | New Hampshire

## **Statement on Marijuana Legalization**

*(Last updated: November 2021)*

On the topic of marijuana legalization, NAMI New Hampshire is very concerned regarding research showing increased risk for psychosis in youth and young adults who use marijuana. Legalization would almost certainly result in commercialization and marketing directed toward youth, and likely increased access for young people. On the other hand, NAMI NH also recognizes that some people with PTSD, anxiety, and other mental health conditions report significant symptom relief from using marijuana. Although medical marijuana is available to them, many people choose not to disclose their mental health conditions to medical providers due to the discrimination and negative attitudes directed toward people with mental health conditions and subsequently choose not to have these issues become part of their health records.

NAMI NH supports efforts to prevent the misuse of marijuana, alcohol, and other recreational drugs by youth. NAMI NH, together with NAMI National, supports public policies and laws that facilitate research into the risks and benefits that marijuana and other cannabis products have for people with mental health conditions.

**NAMI NH will not be taking a formal position on marijuana legalization or related legislation and policy issues. Instead, we will continue to focus our efforts on taking steps to address the mental health crisis in our state, and getting continued legislative support for the recommendations in the 10-Year Mental Health Plan.**

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### **About NAMI New Hampshire**

*NAMI New Hampshire is a grassroots organization working to improve the lives of all people affected by mental illness and suicide through support, education and advocacy.*

*Learn more at [NAMINH.org](https://www.naminh.org).*