



Statement on Mental Illness and Homelessness (January 2023)

Concord, NH – Based on HUD data from 2021, [29.5%](#) of people experiencing homelessness in New Hampshire have a serious mental health condition, compared to [19.7%](#) nationally.

Housing is a critical social determinant of health for all people. Lack of safe, affordable housing can exacerbate mental health conditions, complicating access and connection to essential mental health treatment.

NAMI New Hampshire supports measures that will expand access to housing, including supported housing, respite care, crisis stabilization beds, step-up and step-down programs, among others. Investment in more upstream community mental health services, improved access to affordable housing, reauthorization of Medicaid Expansion, and increased utilization of peer support to expand the mental health workforce are all necessary to improve outcomes for our most vulnerable community members.

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