

Resources for Kids Waiting in Emergency Departments

Are you a family member/loved one of a child waiting in a NH Emergency Department for an inpatient psychiatric bed? **Please know you are not alone, and help is available.** Following are resources and information to assist you with navigating this difficult time.

For additional information, visit:
[NAMINH.org/EDBoarding](https://www.naminh.org/EDBoarding)

**NAMI NEW HAMPSHIRE
INFORMATION & RESOURCE LINE
1-800-242-6264 (PRESS 4)
OR INFO@NAMINH.ORG**

NAMI New Hampshire can connect those impacted by long ED waits with information and support. Please don't hesitate to contact us to leave a confidential message.

**ONLINE FB GROUP:
CAREGIVERS OF CHILDREN &
ADOLESCENTS WITH
SOCIAL/EMOTIONAL
CHALLENGES**

This private Facebook group is a place to find support & information, and to meet other parents, primary caregivers and loved ones of children, adolescents and young adults with serious emotional disorders (diagnosed or not).

Request to join:
[NAMINH.org/OnlineGroups](https://www.naminh.org/OnlineGroups)

More Resources...

PARENT/CAREGIVER SUPPORT GROUPS

Looking for support? Make important connections to others who:

- understand the challenges you face and the opportunities ahead;
- feel the same way you do;
- have had the same experiences;
- will help you learn new coping skills;
- and will share their successes and strategies with you.

Get connected:

NAMINH.org/ParentGroups

COMMUNITY MENTAL HEALTH CENTERS (CMHCS)

CMHCs, located across NH, provide publicly funded mental health services. All CMHCs have specialized programs for children and families.

Find your local Community
Mental Health Center:

NAMINH.org/CMHCs

FAST FORWARD WRAPAROUND SERVICES

The FAST Forward program – Families and Systems Together – is designed to serve youth with serious emotional disturbances and their families, whose needs aren't met by traditional service streams and programs.

To learn more, contact:
NH Bureau of Children's
Behavioral Health at **603-271-5075**.

NH RAPID RESPONSE

Should you or someone you know need mental health crisis care in NH, please call/text the NH Rapid Response Access Point at 1-833-710-7477 or visit

NH988.com.



National Alliance on Mental Illness

NAMI New Hampshire