LIFE UNDER CONSTRUCTION

Where youth and young adults affected by mental health challenges can find information and support.

Instagram: @lucnaminh
TikTok: @lucnaminh
Twitter: @lucnaminh
Facebook: https://www.facebook.com/groups/LUCNamiNH

Administered by youth for youth, with oversight from NAMI NH staff.

Contact Laurie Foster at lfoster@NAMINH.org for questions or information