



VOLUNTEER POSTION DESCRIPTION

Volunteer Position Title: Presenter (In Our Own Voice or Life Interrupted)

Location: Statewide and Virtual

Commitment: Flexible

Mission: NAMI New Hampshire is a grassroots organization working to improve the lives of all people affected by mental illness and suicide through support, education, and advocacy.

Position Summary:

Presenters use their lived experience to bring hope and understanding of the diverse complexities and possibilities related mental illness, by sharing their stories in a variety of settings (such as hospitals, NAMI educational programs, community organizations, businesses, or Crisis Intervention Team trainings).

NAMI In Our Own Voice presenters change attitudes, assumptions and ideas about people with mental health conditions, by talking openly about their personal experience living with a mental health condition.

Life Interrupted presenters have had their own life interrupted due to the mental illness of a family member. By speaking about their own personal experiences, presenters address mental health stigma and educate communities about mental illness recovery, how mental illness impacts family members, and the resources that are available to support their loved ones.

Benefits: Presenters bring hope to those struggling with their mental health, and their loved ones, fostering a better understanding of mental illness and breaking down the stigma associated with it. You will have the opportunity to move from a place of need to a place of advocacy within New Hampshire communities.

Desired Skills and Experience:

- Must have lived experience:
 - For **In Our Own Voice**, as a person who experiences and is in recovery from a mental health challenge.
 - For **Life Interrupted**, as a family member or friend of someone with a mental health condition.
- Must be reliable and communicate well.
- Must be able to field questions that are sensitive in nature regarding mental illness.
- Must have a method of transportation and be willing to travel for in-person speaking engagements.
- Preferred experience in speaking to groups of 10 or more.
- Must be committed to NAMI NH's mission, values and volunteer policies.

Physical demands: While performing the duties of this role, it is regularly required to talk or hear along with occasional standing. Must be comfortable with presenting in a variety of spaces. Accommodations may be available.

Screening process:

- Complete a volunteer application at <https://www.naminh.org/volunteer/>
- Meet with the NAMI NH Volunteer Program Manager.
- Meet with the NAMI NH Coordinator for In Our Own Voice or Life Interrupted.
- Must successfully complete the training requirements including a 2-day training.
- Complete a background check.

Diversity: At NAMI NH, we believe a diverse, inclusive and equitable organization is one where all employees, volunteers and members — regardless of gender, race, gender identity, ethnicity, national origin, age, sexual orientation, education, disability, veteran status or other dimension of diversity — feel valued and respected.