



## **VOLUNTEER POSTION DESCRIPTION**

**Volunteer Position Title:** Walk Committee Member

**Location:** Virtual and/or In-Person

**Commitment:** One meeting a month, March - October

**Mission:** NAMI New Hampshire is a grassroots organization working to improve the lives of all people affected by mental illness and suicide through support, education, and advocacy.

### **Position Summary:**

NAMIWalks New Hampshire is the state's largest mental health awareness and suicide prevention event. Every fall, thousands of Granite Staters lace up their sneakers and walk together through the city of Concord to stomp out the stigma and unite under the rallying call: Mental Health for All!

The Walk Committee shares their time and talents to support the planning of a successful Walk event.

Benefits: As a Walk Committee Member, you will have the opportunity to help a beloved community event grow and evolve.

### **Desired Skills and Experience:**

- Must be willing to register for and participate in NAMIWalks New Hampshire.
- Preferred willingness to volunteer on Walk Day.
- Preferred experience with Zoom.
- Preferred experience with event planning.
- Must be committed to NAMI NH's mission, values and volunteer policies.

**Physical demands:** While performing the duties of this role, it is regularly required to talk or hear. Accommodations may be available.

### **Screening process:**

- Complete a volunteer application at <https://www.naminh.org/volunteer/>