

# THIS IS MY BRAVE

STORYTELLING SAVES LIVES

## What We're Looking For...

### Storyteller Wellness

Your self-care should be your number one priority. Please make sure that you are far enough along in your recovery journey to safely audition and participate in the show.

### Inspiring & Empowering Stories

We want to uplift! Focus more heavily on the recovery part of your journey. The heart of your message should be the strength and growth that followed. We love stories that have a call to action, educate or inspire advocacy!

### Safe Stories

Avoid graphic details. Focus on feelings and not specifics to help keep the audience and other cast members from feeling triggered and uncomfortable.



**We're So Excited to Hear Your Brave - You Got This!**