



NAMI
National Alliance on Mental Illness

NAMI | New Hampshire

April 8, 2026

Honorable Chairman Bob Lynn
House Judiciary Committee
Granite Place Room 230
1 Granite Pl, Concord, NH 03301

RE: NAMI NH Opposition to SB 464

Chairman Lynn and Committee Members:

On behalf of NAMI NH, the National Alliance on Mental Illness, I write in opposition to SB 464, relative to civil rights enforcement.

Mental health conditions are common and affect many people, as well as their families, loved ones, and communities. In New Hampshire, one in five adults experience a mental illness, and one in six youth aged 12-17 experience a major depressive episode each year. This equates to 259,000 adults in the Granite State who are directly impacted by a mental health condition, with 66,000 adults living with a serious mental illness (SMI).

With access to the right care, at the right time, in the right place people with mental health conditions can recover, thrive, and live happy, fulfilling lives. However, we know that too many people struggle to get that care, in many instances as a result of the pervasive stigma surrounding these conditions and the discrimination that people living with them often face.

It is essential that the protections from discrimination in New Hampshire law are clear and effective. We are concerned that SB 464 would loosen discrimination enforcement, potentially exposing people with a mental illness or other disability to harm. Therefore, NAMI NH urges the committee to recommend SB 464 inexpedient to legislate.

Sincerely,

Sam Hawkins

Find Help, Find Hope.

NAMI New Hampshire • 85 North State Street • Concord, NH 03301
InfoLine: 800-242-6264 • Tel. 603-225-5359 • Fax 603-228-8848 • info@naminh.org / www.NAMINH.org