

Virtual & In-Person

SURVIVORS OF SUICIDE LOSS SUPPORT GROUPS



For adults (18+ years old) who are impacted by a suicide loss.

WHAT TO EXPECT

Our support groups are:

- Peer-facilitated and comprised of fellow survivors
- Drop-in, no regular attendance required
- Free to participants
- Confidential and safe
- Judgement free

MAKE CONNECTIONS

Our groups allow you to connect with others who:

- Understand the challenges you face and the opportunities ahead
- Have had similar experiences
- Will help you learn new coping skills
- Will share their successes and strategies



NAMI New Hampshire
National Alliance on Mental Illness

CURRENT NAMI NH SUPPORT GROUP MEETINGS

Every Monday	6:30-8:00pm	In-Person Keene, NH	Email Penny penelopeking43@gmail.com or Deb debmarcotte@hotmail.com
4 th Tuesday each month	6:00-7:00pm	Virtually	Email Steve boczeno@gmail.com
2 nd Wednesday each month	6:30-8:00pm	In-Person Concord, NH	Contact Janyce 603-860-8490 or janycedemers@gmail.com
3 rd Wednesday each month	6:15-7:30pm	Virtually	Email Amy sosldurhamnh@gmail.com or Kristin kmjoslin@yahoo.com
2 nd Friday each month	9:00-10:00am	Virtually	Email Steve boczeno@gmail.com

Additional resources for loss survivors are available at NAMI.NH.org/SOSL or
contact the **NAMI NH Information & Resource Line** at 1-800-242-6264 or info@NAMI.NH.org.